



Healthy Acadia

Building vibrant communities for over 20 years

FOOD RESOURCE GUIDE

HANCOCK & WASHINGTON COUNTIES



HANCOCK COUNTY

BAR HARBOR

BAR HARBOR FOOD PANTRY

Location – 36 Mount Desert Street (behind YWCA)

Hours – Tuesday & Wednesday 9am – 2pm, Thursday 12pm – 6pm, Fresh Food Fridays 9am – 12pm

Delivery – Limited deliveries made Wednesdays 11am – 3pm. Phone & online orders must be made by 2pm on Tuesdays. Call to place a phone order, or order online [HERE](#).

Contact Info – 207-288-3375 or bhpantry@bhfp.org

Website – barharborfoodpantry.org

OPEN TABLE MDI- COMMUNITY SUPPER

Location – 116 Cottage Street

Hours – Tuesday 4pm – 7pm

Delivery – A limited number of to-go meals can be delivered by 5pm on Tuesdays. For delivery call or email.

Contact Info – 207-664-9026 or opentablemdi@gmail.com

Website – opentablemdi.org

BLUE HILL

MAGIC FOOD BUS

Location – Varies

Hours – Last week of June – End of September: Thursday & Friday

Contact Info – 207-374-3257 or awind@healthypeninsula.org

Website – healthypeninsula.org/magic-food-bus

Notes – Free, fresh produce and books from Healthy Penninsula's mobile farm stands in Blue Hill, Brooksville, Brooklin, Castine, Deer Isle, Penobscot, Sedgwick, Stonington, & Surry.

TREE OF LIFE FOOD PANTRY

Location – 23 South Street

Hours – Thursday 9am – 1pm

Contact Info – 207-374-2900 or presidenttol22@gmail.com

Website – treeoflifepantry.org

Notes – Serves the Blue Hill peninsula: Blue Hill, Brooklin, Brooksville, Castine, Orland, Penobscot, Sedgwick, & Surry. Donations to the pantry are accepted at any time.

THE SIMMERING POT

Location – 22 Tenney Hill Road

Hours – Monday 2:30pm – 6pm (except holidays)

Delivery – If delivery is needed, call Healthy Peninsula or fill out this [form](#).

Contact Info – 207-374-3257 or simmeringpot207@gmail.com

Website – simmeringpot.org or healthypeninsula.org/simmering_pot

Notes – Free community meal downstairs at the Blue Hill Congregational Church (eat in or take-out).

BUCKSPORT

BUCKSPORT COMMUNITY CONCERNS FOOD PANTRY

Location – 181 Franklin Street (white building behind the Bucksport United Methodist Church)

Hours – Wednesday 9:30am – 11:30am

Contact Info – 207-702-9087 or bucksportcommunityconcerns@gmail.com. For emergency needs call president Raymond Monreal at 207-930-0505

Website – Facebook: Bucksport Community Concerns Food Pantry

Notes – Serves residents of Bucksport, Orland, Verona Island, and Prospect. Call to make an appointment if unable to come on Wednesday. Donation drop-off during open hours.

BUCKSPORT SENIOR CENTER COMMUNITY MEAL

Location - 125 Broadway (Senior Citizen Center building)

Hours - Monday, Wednesday, & Friday 11:15am - 12:30pm (except on holidays)

Delivery - Delivery available, call in advance to reserve.

Contact Info - 207-469-3632 or wfoster@bucksportmaine.gov

Website - Facebook: Bucksport Area Senior Citizens Center

Notes - Meals for \$8, subsidies available. Dine in, take-out. Please call in advance to reserve; no later than 9 am the morning of the scheduled meal.

BUCKSPORT REGIONAL HEALTH CENTER

Location - 110 Broadway

Hours - Every 3rd Wednesday of the month, 11am - 4:30pm

Contact Info - 207-469-7371

Website - bucksportrhc.com

Notes - Veggie/produce giveaway, free and open to the public

ELLSWORTH

DOWNEAST COMMUNITY PARTNERS

Location - 248 Bucksport Road

Hours - Call for appointment

Delivery - Pantry boxes available for delivery.

Contact Info - 207-460-7567 or heather.bartonlindloff@dcpcap.org

Website - downtowncommunitypartners.org

Notes - Opt-in pantry boxes available for pick-up or delivery. Also operate an Emergency Food Box Program; call to request boxes.

EMMAUS CENTER FOOD PANTRY

Location - 51 Main Street

Hours - Emergency Food Box: Monday - Friday 10am - 2pm, give 24 hours notice, premade boxes include canned items, pasta, cereal, juice, 1 or 2 packages of frozen meat when available.

Produce - Tuesday & Thursday 8:30am - 10am, bring your own bags.

Contact Info - 207-667-3962 or assistantdirector@emmaushelter.org

Website - emmaushomelessshelter.org

EVERYBODY EATS

Location - 134 State Street (St. Dunstan's Episcopal Church)

Hours - Monday 1pm - 3pm

Contact Info - 207-664-3568 or everybodyeats4free@gmail.com

Website - facebook.com/profile.php

Notes - Free dine in or take-out meals. Donation hours are Monday 9am - 1pm.

LOAVES & FISHES FOOD PANTRY

Location - 137 Downeast Highway

Hours - Monday 9:30am-12:30pm, Wednesday 9:30am - 12:30pm & 4pm - 6:30pm, Friday 9:30am - 12:30pm

Contact Info - 207-667-4363 or loavesandfishesellsworth@gmail.com

Website - loavesandfishesellsworth.org

Notes - Donation drop-off is Monday, Wednesday, & Friday from 7am - 1pm or email for appointment.

THE WELCOME TABLE

Location - 2 Church Street (First Congregational Church)

Hours - Wednesday 2:30pm - 4pm

Contact Info - 207-667-8321 or krowholla@gmail.com

Website - ellsworthucc.org/the-welcome-table

Notes - Free take out meals. Call by 2pm on Wednesday to reserve. Menu is posted to [Facebook](#) every Wednesday between 12pm - 1:30pm. Donation drop-off on Wednesday 11am - 3pm.

GOULDSBORO

SCHOODIC FOOD PANTRY

Location - 829 US Route 1

Hours - Tuesday & Friday 8:30am - 11am

Contact Info - 207-650-9164 or donnaharmon15@gmail.com

Website - facebook.com/SchoodicFoodPantry

Notes - For donations call ahead or drop-off when open.

ORLAND

H.O.M.E. CO-OP FOOD PANTRY

Location - 90 School House Road

Hours - Monday - Thursday 9am - 12pm & 1pm - 3pm, Friday 9am - 11am

Contact Info - 207-469-7961 (ext. 3)

Website - homemmausa.org/community-assistance/food-pantry/

Notes - Monthly food boxes to qualified individuals/families (Bucksport, Orland, East Orland, Frankfort, Denham, Castine, Verona Island, Swanville, Penobscot, Prospect, Sedgwick, & Blue Hill). Call to make an appointment. Call ahead for donations. Produce Line/Rescue Food Program available at the Market Stand on Monday, Tuesday, Thursday 9am - 3pm & Friday 9am - 11am.

OTIS

WHATS FOR SUPPA? FOOD PANTRY

Location – 638 Otis Road

Hours – Every 3rd Wednesday of the month, 12pm – 2pm

Delivery – Delivery service available based on a needs assessment.

Contact Info – 207-537-2252

Website – facebook.com/otisbaptist/

Notes – Drop-off donations by appointment or on pantry day.

SOUTHWEST HARBOR

COMMON GOOD SOUP KITCHEN

Location – 19 Clark Point Road

Hours – Community Lunch: Wednesday 11am – 2pm. Community Dinner –
Friday 4pm – 6pm. Popovers: Sunday 9am – 11am and Food Pantry:
Sunday 12pm – 2pm.

Delivery – Friday mornings. Call to sign up for home delivery.

Contact Info – 207-244-3007 or debi.cgsk@gmail.com

Website – commongoodkitchen.org

Notes – All community meals have live music!

STONINGTON/DEER ISLE

ISLAND FOOD PANTRY

Location – 6 Memorial Lane (Island Community Center)

Hours – Thursday 5pm – 6:30pm

Contact Info – 207-460-1779

Website – islandcommunitycenter.net

Notes – Closed on 5th Thursday of every month

HEALTHY ISLAND PROJECT- HIP COMMUNITY PANTRY

Location – 91 S Burnt Cove Road

Hours – Wednesday 2:30pm – 5:30pm and by appointment

Contact Info – 207-367-6332 or healthyislandproject@gmail.com
(preferred)

Website – healthyislandproject.org

Notes – Hosts a Community Pantry HIP HQ in Stonington. Free self-select produce on 4th Wednesday of the month from 11:30am – 5:30pm and as announced.

HEALTHY ISLAND PROJECT ELEMENTARY SCHOOL PANTRY

Location – 251 N Deer Isle Road

Hours – Monday–Friday 9am – 3pm (school hours)

Contact Info – Christine Saunders, School Nurse csaunders@dises.org

Website – healthyislandproject.org/our-programs/

Notes – Hosts a Community Pantry at Deer Isle – Stonington High School and Elementary School. Provides free food, snacks, and personal items to students. Free self-select produce tables on the 4th Wednesday of the month.

SWAN'S ISLAND

BREAD OF LIFE FOOD PANTRY

Location – 217 Harbor Road

Hours – Sunday 2pm – 3pm and as needed

Contact Info – 207-526-4024

Notes – Call for an appointment outside of open hours.

TRENTON

TIMBERWOLF COMMUNITY CUPBOARD

Location - 51 School Road (Trenton Elementary Greenhouse)

Hours - Thursday 11:30am - 5pm

Contact Info - bhpantry@bhfp.org

Website - www.barharborfoodpantry.org/food

Notes - An initiative of the Bar Harbor Food Pantry. Self-serve produce shed. Find updates on the Trenton Town Crier [Facebook](#).

WASHINGTON COUNTY

CALAIS

IRENE CHADBOURNE ECUMENICAL FOOD PANTRY

Location - 513 Main Street

Hours - Monday 3pm - 5pm, Thursday 10am - 12pm & Friday 1pm - 3pm

Contact Info - 207-214-450

THE CARING CUPBOARD AT WASHINGTON COUNTY COMMUNITY COLLEGE

Location - Washington County Community College- Riverview Hall Room 503

Hours - Varies based on work-study student schedules, hours are sent via email each week to students and posted outside the Caring Cupboard

Contact Info - Bernadette Farrar, bfarrar@wccc.me.edu or 207-454-1086

CHERRYFIELD

MAINE SEACOAST MISSION FAMILY FOOD CENTER

Location - 6 Weald Bethel Lane

Hours - Tuesday-Friday 9am - 3pm

Delivery - Delivery is possible

Contact Info - 207-546-7424 or sopenshaw@seacoastmission.org

Website - seacoastmission.org/downeast/foodsecurity/

Notes - In-person pantry option or pick-up. Online order form for customizing pick-ups and deliveries. Commodities are available 3rd Wednesday of the month. Backpacks go out weekly to children during the school year. Food cupboards at Narraguagus Jr/Sr High School and Cherryfield.

DANFORTH

DANFORTH FOOD PANTRY

Location – 85 Bancroft Road

Hours – 1st Wednesday of the month after the 1st Tuesday of the month:
3pm – 6 pm. 1st Thursday of the month after the 1st Tuesday of the
month 10am – 12pm. 3rd Thursday of the month 10am – 12pm.

Contact Info – 207-538-6954 or brooks7.island@yahoo.com

Website – facebook.com/DanforthFoodPantry.

EASTPORT

LABOR OF LOVE (GARRAPY) FOOD PANTRY

Location – 137 County Road

Hours – Fridays 2pm – 5:30pm

Contact Info – 207-853-0812 or manager@eastportlaboroflove.org

Website – eastportlaboroflove.org

Notes – Leave a message for emergency assistance and someone will get
back to you ASAP. Emergency food is available the 3rd, 4th, & 5th
Tuesday of the month, 9am – 11am.

INDIAN TOWNSHIP

PASSAMAQUODDY TRIBE AT INDIAN TOWNSHIP FOOD PANTRY

Contact Info – 207-796-2781

INDIAN TOWNSHIP FOOD DISTRIBUTION PROGRAM

Location - 13A Industrial Park Road

Hours - Monday - Thursday 7:30am - 5pm

Contact Info - 207-796-2908 or janet@passamaquoddy.onmicrosoft.com

Website - fns.usda.gov/fnscontact/passamaquoddy-indian-township

JONESPORT

JONESPORT FOOD PANTRY

Location - 28 Sawyer Square (Sawyer Memorial Congregational Church)

Hours - Wednesday 9am - 11am

Contact Info - 207-461-9200 or mpeabody1116@gmail.com

LUBEC

LUBEC COMMUNITY PANTRY AT THE LUBEC COMMUNITY OUTREACH CENTER

Location - 44 South Street (Lubec Community Outreach Center)

Hours - 2nd Saturday of each month, 9:30am - 12:00pm

Contact Info - 207-733-5262 or director@lubecoutreach.org,
cscain@lubecoutreach.org

Website - lubecoutreach.org

Notes - Distribute emergency food upon request.

MACHIAS

MACHIAS AREA FOOD PANTRY

Location - 43 Kennebec Road

Hours - Monday 1pm - 6pm, Wednesday 9:30am - 1:30pm

Contact Info - 207-255-6044 or machiasfoodpantry@gmail.com

Website - machiasareafoodpantry.org

Notes - First-time visitors will be asked to complete a brief intake form.
Please note that you may only visit the pantry one time per week.

DOWNEAST COMMUNITY PARTNERS

Location - 7 VIP Drive

Hours - Call for an appointment.

Delivery - Pantry boxes available for delivery.

Contact Info - 207-610-5978

Website - downeastcommunitypartners.org/Food&NutritionalServices

DOWNEAST RECOVERY SUPPORT CENTER

Location - 11 Free Street

Hours - 1st Monday and Tuesday of the month, 10:30am - 4pm

Delivery - Possible to request delivery by contacting phone number listed.

Contact Info - 207-460-7972 or cmcbreiarthy@amhc.org

Notes - Free fresh produce distribution. Bring your own bag/box please.

MILBRIDGE

MANO EN MANO FOOD PANTRY

Location - 4 Maple Street

Hours - Monday-Friday 10am - 6pm

Contact Info - 207-546-3006 or info@manomaine.org

Website - manomaine.org/

PLEASANT POINT

PASSAMAQODDY FOOD PANTRY

Contact Info - 207-853-2600 Diane Libby and Carrie Newell

WOODLAND / BAILEYVILLE

WOODLAND JUNIOR SENIOR HIGH SCHOOL

Location - 14 First Ave

Hours - Tuesdays and Fridays from 2pm - 3:30pm

Contact Info - 484-639-7314 or hickse@mccl.org

WOODLAND COMMUNITY FOOD PANTRY

Location - 55 Broadway Street

Hours - 1st & 4th Thursday, 9am - 11am

Contact Info - 207-427-6518 or musicalsunset@yahoo.com

Notes - Patrons are not allowed in the building until further notice. Please make your presence known when you arrive. Delivery available based on need assessment. Baileyville school district residents only. Emergency food available as needed. Any closures and replacement dates are heard on WQDY 92.7 due to bad weather or sickness.

STATE & FEDERAL RESOURCES

MAINE RESOURCES

211 MAINE

Contact Info – Dial 2-1-1 or call toll free 866-811-5695

Website – 211maine.org

Notes – 211 Maine provides individuals and families in need with a shortcut through what may be a confusing maze of health and human service agencies' phone numbers and online information.

EASTERN AREA AGENCY ON AGING

Location – 240 State Street, Brewer

Contact Info – 207-941-2865 or 800-432-7812 or info@eaaa.org

Website – eaaa.org

Notes – EAAA serves Hancock, Penobscot, Piscataquis, and Washington Counties. This organization helps older adults, caregivers, and adults with disabilities access health resources.

MAINE SENIOR FARM SHARE

Contact Info – 207-287-3491 or seniorfarmshare.ag@maine.gov

Website – maine.gov/dacf/ard/seniorfarmshare

Notes – Income-eligible seniors can apply for \$50 worth of fresh produce from local farms during the growing season.

MYMAINECONNECTION

Contact Info – 855-797-4357 (Hotline)

Website – mymaineconnection.gov/benefits/

Notes – Online connection to Food Supplements, Health Care, Cash Assistance and/or Child Care.

FEDERAL RESOURCES

MEALS ON WHEELS

Website - mealsonwheelsamerica.org/signup/findprograms

Notes - Home delivered meals and safety check-ins and congregate meal sites for seniors at little to no cost.

NATIONAL HUNGER HOTLINE

Contact Info - 1-866-3-HUNGRY or 1-877-8-HAMBRE

Website - fns.usda.gov/national-hungerclearinghouse

Notes - The USDA National Hunger Clearinghouse aides low-income individuals by providing food assistance and other nutrition and social services information.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Location - 17 Eastward Lane, Ellsworth (State Office of Family Independence, Department of Health & Human Services)

Website - maine.gov/dhhs/ofi/programsservices/food-supplement

Notes - SNAP provides food benefits to low-income families to supplement their grocery budget. Income-qualified individuals can apply for SNAP (formerly known as food stamps) and other assistance online through My MaineConnection.

WOMEN, INFANTS, & CHILDREN (WIC)

Location - 248 State Street, Suite 3A (Ellsworth); 247 Main Street (Machias); 10 Barker Street (Calais)

Contact Info - 207-667-5304 or 800-492-5550 (Ellsworth); 207-255-8280 or 800-313-1223 (Machias); 207-454-3634 or 800-924-2628 (Calais)

Website - maine.gov/dhhs/mecdc/populationhealth/wic/

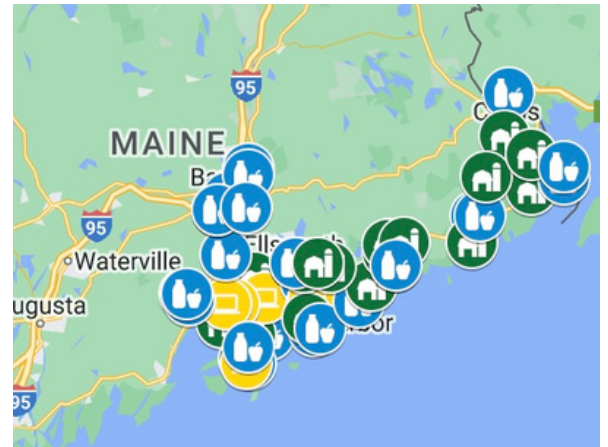
Notes - Income-qualified pregnant or breastfeeding women or parents of infants and children up to 5 years old can apply for benefits.

OTHER RESOURCES

MAP GUIDES

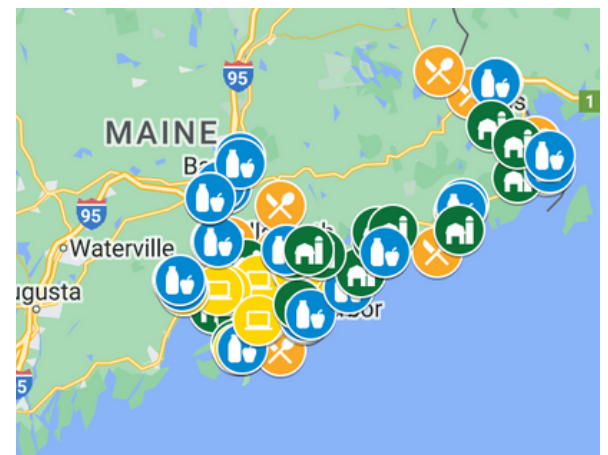
FARMERS' MARKETS & FARM STANDS MAP

View the [map](#) or explore [Healthy Acadia's Farmers' Market website page](#) to find information on farmers' markets and farm stands across Hancock and Washington Counties, including days/hours of operation, location, and participation in federal assistance programs (SNAP, WIC).



FOOD RESOURCE GUIDE MAP

View this [map](#) to find the locations and details of each of the food access resources in this guide.



LEARN MORE & CONTACT

FOOD SECURITY NETWORKS

The Hancock County and Washington County Food Security Networks meet quarterly to share resources, network, and collaborate on initiatives to address hunger in our communities. The Networks are supported by Healthy Acadia and University of Maine Cooperative Extension, as well as the participating food security organizations.

HANCOCK COUNTY

For Hancock County information, contact Eleanor Jones at (207) 460-2614 or eleanor.jones@healthyacadia.org

WASHINGTON COUNTY

For Washington County information, contact Lucy Zwigard at (207) 479-6940 or lucy.zwigard@healthyacadia.org

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Click [here](#) to submit
updates/additions